



Saturday November 3rd

8 a.m. to 9:30 a.m.

Session 306



WHAT IS YOUR PERSONALITY STYLE?

by Nathalie Plamondon-Thomas

Transformation Expert

& Maureen “MO” Hagan

Global Fitness Visionary

www.thinkyourself.com – www.mohagan.com



THIS HANDOUT IS TOP SECRET



IT WILL SELF-DESTRUCT IN 5 SEC...

THE REAL HANDOUT WILL BE DISTRIBUTED AT THE SESSION.

INCLUDING THE STYLE-L.I.S.T. ASSESSMENT TOOL.



IF YOU WERE TO ACCEPT THIS MISSION, YOU WOULD LEARN:

- Human Emotions & Behaviours
- Why you Get along so well with some people and not others?
- The D.N.A. System
- The STYLE-L.I.S.T. Assessment tool, including the LIVE Test!
- The FOUR Personality Styles
 - o Leader
 - o Influencer
 - o Supporter
 - o Thinker
- That your Personality Traits are not set in stone
- What is YOUR style and how to use this knowledge to Reprogram Your Brain to become exactly who you want to be!
- Knowing ourselves is only the first step. This mission will teach you how to change and ditch the parts of you that are not serving you anymore and transform into being the exceptional human being you know you are!
- You will learn how to recognize other people's styles, your clients, your co-workers, your boss, your prospects, your friends and family.
- A fun workshop based on the No.1 Best Seller: THINK Yourself® A RELATIONSHIPS PRO.

COLLABORATE – INFLUENCE – LEAD - SELL – CONNECT – GET ALONG

NATHALIE PLAMONDON-THOMAS



The Expert with a proven system to reprogram your brain and give you transformational results. Founder of the THINK Yourself® ACADEMY, Creator of the D.N.A. System, Speaker, Master Life Coach, No.1 best-selling author of 11 books on wellness and empowerment & Publisher.

NATHALIE P.

Transformation Expert

Master Coach – No.1 Best Selling Author – Speaker - Publisher

www.thinkyourself.com

<https://www.facebook.com/nathalie.plamondonthomas>

<https://www.facebook.com/DNALifeCoaching/>

<https://www.linkedin.com/in/nathalie-plamondon-thomas-6b3262a/>

twitter: @dnalifecoaching

MAUREEN “MO” HAGAN



A Women on the MOve!

International Health, Wellness and Anti-Aging Expert

No 1 Best Selling Author-Speaker

Canada's Top 100 Fitness Influencer

Award Winning Fitness Instructor and Program Director

MO HAGAN

Global Fitness Visionary

www.mohagan.com

<https://www.facebook.com/maureen.hagan.12>

<https://www.linkedin.com/in/maureen-mo-hagan-7316a95a/>

https://twitter.com/mo_hagan

FROM THE THINK Yourself® book SERIES:

THINK Yourself® SUCCESSFUL

THINK Yourself® THIN

THINK Yourself® HEALTHY

THINK Yourself® GRATEFUL

THINK Yourself® CLEAN from the Inside Out

THINK Yourself® A RELATIONSHIP PRO

All available WORLD FITNESS EXPO at the canfitpro booth and at www.thinkyourself.com,
www.amazon.com and www.amazon.ca

THINK Yourself®

D.N.A. SYSTEM



COMING OUT SOON:

THINK Yourself® WEALTHY

THINK Yourself® AN AUTHOR

THINK Yourself® SEXY

THINK Yourself® SOBER